Appendix Q
CARLETON COLLEGE
SPORT CLUB PROGRAM

FIRST AID COMPLIANCE

Club Sport Name______________________

Club Safety Officer/s (Print Name)_______________________  ____________________________

Date_______________________

The club sport safety officer verifies by signature (________________/_________________) that the club possesses a first aid kit, stocked sufficiently with supplies as outlined below and this kit will be on hand at every club practice and competition.

The club sport safety officer (signature______________/_________________) verifies that the kit will be restocked with first aid supplies as they are depleted.

In addition the safety officer/s verify that they are certified in Standard First Aid and CPR for adults, and that they will be at every club practice and competition.

Signature________________________________    Signature_________________________________

Contents of the First Aid Kit
2 combine dressings
4x4 and 3x3 gauze sponges
gloves
alcohol prep pads
tape (2) 1”, (2) _”, (2) _”
bandaids
sling
steri strips
anti-biotic ointment
bottle of peroxide
cotton tipped applicators
ace wraps: two 2” and two 4”
2 rolls cotton bandage

Refills obtained from the Athletic Training Room at the Recreation Center