Carleton to try for fourth straight win against St. Kate’s

Carleton, who has started off 3-0 on its current seven game homestand, will try to stay perfect at home when the College of St. Catherine comes to the West Gym on Wednesday.

The Wildcats come to Northfield with a 1-6 overall record and a 0-4 MIAC record. They enter Wednesday’s game having lost six of their last seven games, with their only victory in that stretch coming against Winona State. Carleton has a 15-1 overall record, with an 12-1 conference record.

Carleton is ranked 8th in the latest ESPNUSA Today/WBCA coaches poll and 10th by D3Hoops.com. St. Catherine is unranked.

### Broadcast Information

Wednesday’s game can be heard over the internet worldwide on Knights Online (www.carleton.edu/athletics/broadcasts/).

### Knights continue seven game homestand

After defeating Gustavus Adolphus 88-79 in overtime in the first game of their seven game homestand, the Knights easily handled Bethel and Augsburg in consecutive games, winning by 29 and 39 points, respectively. Now they will face St. Kate’s, a team that they defeated 72-64 earlier in the year, in the fourth game of this homestand. The seven game homestand is the bulk of a stretch where none of the Knights’ last 12 games will be played in the West Gym. Over the last four seasons the Knights are 41-4 at home, 34-3 in MIAC play.

### Last time out - Carleton 84, Augsburg 55

Megan Vig scored 17 points, grabbed seven rebounds and dished out five assists and Kate Krueger added a career-high 14 points, including 3-for-4 from three-point range, as Carleton College rolled past Augsburg College, 84-55.

The Knights won for the 34th time in their last 37 conference home games by making eight of 13 three-pointers, including all five of their attempts in the second half, and outscoring theAuggies 50-31 in the second half. Kristi Colbenson chipped in with 12 points and five boards for Carleton.

The eight three-pointers made were the fourth most in school history and the 61.5 three-point percentage was the second best shooting night in its history.

• Carleton’s 56.9% shooting from the field vs. Gustavus was its 5th best shooting night in its history.

• Megan Vig tallied 22 points in the win against Gustavus. It was her fourth 20-point game of the season.

• Katie Freeman’s 80.3% career free throw percentage is the best in Carleton history.

• Kristi Colbenson has scored in double figures in 33 of Carleton’s 15 games.

• Beth Freeman’s 54.7% career field goal percentage ranks second all-time at Carleton.

• Kristi Colbenson’s 81.7% free throw shooting is second-best in the MIAC.

### Team Notes

• Carleton leads the MIAC in free throw shooting, as they are shooting 75.3% from the charity stripe.

• Carleton’s 56.9% shooting from the field vs. Gustavus was its 5th best shooting night in its history.

• The Knights lead the MIAC in rebounding margin (+6.7).

• Carleton will try to average it’s only loss of the season when St. Ben’s visits Northfield in the penultimate game of the year.

### Individual Player Notes

- Beth Freeman scored a then season-high 16 points in Carleton’s loss at St. Ben’s, and followed it up with a new season-high of 18 points against Gustavus.
- Megan Vig tallied 22 points in the win against Gustavus. It was her fourth 20-point game of the season.
- Katie Freeman’s 80.3% career free throw percentage is the best in Carleton history.
- Kristi Colbenson has scored in double figures in 33 of Carleton’s 15 games.
- Beth Freeman’s 54.7% career field goal percentage ranks second all-time at Carleton.
- Kristi Colbenson’s 81.7% free throw shooting is second-best in the MIAC.

### Key notes

Carleton women’s basketball notes - jan. 27, 2004

Contact Eric Sieger, Sid, Esieger@carleton.edu

Office of Sports Information  www.carleton.edu/campus/athletics One North College Street, Northfield, Minnesota 55057  phone 507.646.4185  fax 507.646.5550

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<table>
<thead>
<tr>
<th>2003-04 Carleton Knights</th>
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<tbody>
<tr>
<td>November</td>
<td></td>
</tr>
<tr>
<td>29 George Fox University (Ore.)</td>
<td>W 76-70</td>
</tr>
<tr>
<td>30 Luther College (Iowa)</td>
<td>W 69-53</td>
</tr>
<tr>
<td>December</td>
<td></td>
</tr>
<tr>
<td>3 Bethel College*</td>
<td>W 70-45</td>
</tr>
<tr>
<td>6 Augsburg College*</td>
<td>W 81-53</td>
</tr>
<tr>
<td>8 College of St. Catherine*</td>
<td>W 72-64</td>
</tr>
<tr>
<td>10 St. Olaf College*</td>
<td>W 76-69</td>
</tr>
<tr>
<td>13 Bemidji State University</td>
<td>W 57-52</td>
</tr>
<tr>
<td>January</td>
<td></td>
</tr>
<tr>
<td>3 Macalester College*</td>
<td>W 65-51</td>
</tr>
<tr>
<td>5 St. Mary’s University*</td>
<td>W 67-55</td>
</tr>
<tr>
<td>7 Concordia College, Moorhead*</td>
<td>W 71-57</td>
</tr>
<tr>
<td>10 Hamline University*</td>
<td>W 73-61</td>
</tr>
<tr>
<td>14 University of St. Thomas*</td>
<td>W 72-60</td>
</tr>
<tr>
<td>17 College of St. Benedict*</td>
<td>W 58-61</td>
</tr>
<tr>
<td>19 Gustavus Adolphus College*</td>
<td>W 88-79 (OT)</td>
</tr>
<tr>
<td>21 Bethel College*</td>
<td>W 59-30</td>
</tr>
<tr>
<td>24 Augsburg College*</td>
<td>W 84-55</td>
</tr>
<tr>
<td>28 College of St. Catherine*</td>
<td>7:30 p.m.</td>
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<tr>
<td>31 St. Olaf College*</td>
<td>1 p.m.</td>
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<tr>
<td>February</td>
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<tr>
<td>2 Macalester College*</td>
<td>7:30 p.m.</td>
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<tr>
<td>4 St. Mary’s University*</td>
<td>6 p.m.</td>
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<tr>
<td>7 Concordia College, Moorhead*</td>
<td>1 p.m.</td>
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<tr>
<td>11 Hamline University*</td>
<td>7:30 p.m.</td>
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<tr>
<td>14 University of St. Thomas*</td>
<td>7:30 p.m.</td>
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<tr>
<td>17 College of St. Benedict*</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>21 Gustavus Adolphus College*</td>
<td>7:30 p.m.</td>
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<tr>
<td>6 Elite West Region Invitational*</td>
<td>7:30 p.m.</td>
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<td>* - indicates MIAC contest</td>
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### Probable Carleton Starting Line-up

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<tr>
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<tr>
<td>10</td>
<td>Kristi Colbenson</td>
<td>Jr.</td>
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<tr>
<td>12</td>
<td>Linnea Engel</td>
<td>Sr.</td>
</tr>
<tr>
<td>34</td>
<td>Katie Freeman</td>
<td>Jr.</td>
</tr>
<tr>
<td>45</td>
<td>Megan Vig</td>
<td>So.</td>
</tr>
<tr>
<td>50</td>
<td>Beth Freeman</td>
<td>Jr.</td>
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### Key reserves

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<tr>
<td>14</td>
<td>Cassie Hammond</td>
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<td>20</td>
<td>Andrea Korb</td>
</tr>
<tr>
<td>24</td>
<td>Karl Christianson</td>
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St. Catherine Series

Carleton currently leads the series with the Wildcats 24-9. Carleton has defeated the Wildcats 20 consecutive times, which is Carleton’s longest current win streak over a single school. St. Kate’s won the first five meetings between the two schools lost 24 of the next 28 meetings.

About St. Catherine

Head Coach Tim Kjar returned all five starters from last year’s team that finished tied for fifth in the MIAC, but a season-ending injury to three time All-MIAC senior Kate Stodolka left the team reeling, and placed the burden of carrying the team squarely on the shoulders of stand-out sophomore Jenna Martin.

Martin has done well in her role as the team’s primary scorer and rebounder, but without Stodolka’s presence the team has fallen to a 6-10 overall record and a 4-9 conference record. The forward is averaging 14.9 points per game and 9.2 rebounds per game, which is good for ninth- and third-best in the MIAC, respectively. Her 34-point output against Bethel on Jan. 14 is the best single-game total in the MIAC this year. In that game she went 18-for-28 from the free throw line, which set an all-time MIAC record for free throws made without a miss in a single game, and was one free throw shy of the all-time Division III mark.

First-year point guard Kate Bremmer leads the Wildcats’ backcourt, as she is averaging 12.3 points, 2.6 assists and 2.6 steals per game. Her steal average is fifth best in the MIAC. Joining Bremmer in the backcourt is junior guard Natalie Lzych. Lzych is averaging 8.2 points per game, 3.5 assists per game, and 2.5 steals per game. Her assist total is fifth best in the MIAC and her steal total is sixth best. Senior Katie Jones and first-year Jennifer Symanietz round-out the starting line-up for the Wildcats.

Coach Kjar has only one significant contributor off the bench, as first-year forward Sarah Schneider is averaging 9.2 points per game at St. Kate’s. This is Kjar’s fifth year at St. Catherine’s. He has a 32-83 record at St. Catherine’s.

Earlier this season – Carleton 72, St. Catherine 64

Megan Vig scored a then career-best 24 points and grabbed eight rebounds, and Linnea Engel added 14 points, as Carleton defeated St. Catherine 72-64. Kristi Colbenson added 10 points and a career-best nine rebounds as the Knights beat the Wildcats for their 19th straight victory over St. Catherine. Carleton held only a 36-34 lead at halftime, but pulled away in the second half to eventually defeat the Wildcats by a margin of eight.

Carleton held St. Kate’s star Kate Stodolka to 2 of 12 shooting from the field, but her 7 free throws kept her finish in double figures with 11 points. The Wildcats were led in scoring by Kate Bremmer, who had 16 points and four assists.

Last Season in Northfield – Carleton 84, St. Catherine 66

Megan Vig paced four players in double figures with 14 points as Carleton College raced past the College of St. Catherine, 84-66. Karen Fricke ‘03 added 12 points, Linnea Engel tallied 11 and Angie Grabowski ‘03 chipped in with 10 for Carleton, which beat the Wildcats for 18th straight time.

Jenna Martin paced St. Catherine (10-7, 7-7 MIAC) with 13 points and eight rebounds. Katie Jones added 10 for the Wildcats.

The Wildcats scored the first eight points of the game, but the Knights responded with 26-9 spurt, and the game was never close from there.

Last Season in St. Paul – Carleton 74, St. Catherine 66

Beth Freeman scored a career-high 38 points and Kristi Colbenson and Megan Vig came off the bench for 12 and 10 points respectively, as Carleton College survived a upset bid from the College of St. Catherine, 74-66.

St. Catherine was paced by Jenna Martin’s game-high 29 points. Kate Stodolka added 17 points for the Wildcats. Katie Freeman added nine points, three rebounds and three assists off the bench for Carleton.

The game was close throughout with 13 ties and 12 lead changes. Carleton used two late spurts to avoid being upset by St. Kate’s, a team which has won just 12 games over the past four years, eight in the MIAC.

In the polls

Carleton moved up seven places to #8 following their blowout wins over Bethel and Augsburg in this week’s USA Today/ESPN/WBCA top 25 coaches’ poll. The Knights also moved up seven spots in this week’s D3Hoops.com ranking from 21th to 10th.

Carleton has now been ranked in either or both polls a school-record 28 consecutive times.

### St. Thomas Standings

**MIAC** | **Overall**
---|---
St. Benedict | 13-0 | 15-1
Carleton | 12-1 | 15-1
Concordia | 10-3 | 12-4
Gustavus | 10-3 | 12-4
St. Mary’s | 9-4 | 10-6
St. Thomas | 7-6 | 8-8
Bethel | 5-8 | 7-9
Hamline | 4-9 | 6-10
St. Catherine | 4-9 | 6-10
Augsburg | 3-10 | 3-13
St. Olaf | 1-12 | 1-15
Macalester | 0-13 | 0-16

**Results**

**Jan. 24**

Concordia 66, Gustavus 62
St. Benedict 93, Hamline 56
St. Mary’s 60, St. Olaf 54
**Carleton 84, Augsburg 55**
St. Thomas 64, St. Catherine 56
Bethel 55, Macalester 49

**Jan. 21**

Carleton 59, Bethel 30
Gustavus 89, Augsburg 47
St. Benedict 83, St. Thomas 52
Concordia 63, St. Olaf 49
St. Catherine 69, Macalester 58
St. Mary’s 56, Hamline 46

**Upcoming Games**

**Jan. 28**

Augsburg at Macalester 7:30 p.m.
St. Benedict at Concordia 7:30 p.m.
St. Mary’s at Bethel 7:30 p.m.
St. Catherine at Carleton 7:30 p.m.
St. Thomas at Hamline 7:30 p.m.
Gustavus at St. Olaf 7:30 p.m.

**Jan. 31**

St. Benedict at Augsburg 1:00 p.m.
St. Thomas at St. Mary’s 1:00 p.m.
Concordia at Macalester 1:00 p.m.
St. Olaf at Carleton 1:00 p.m.
Hamline at Bethel 1:00 p.m.
St. Catherine at Gustavus 1:00 p.m.

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**2003-04 carleton college knights**

<table>
<thead>
<tr>
<th>No.</th>
<th>Player</th>
<th>Yr.</th>
<th>Pos.</th>
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<td>10</td>
<td>Kristi Colbenson</td>
<td>Jr.</td>
<td>G</td>
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<td>Rushford, Minn. (Rushford-Peterson)</td>
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<td>Kate Krueger</td>
<td>Jr.</td>
<td>G</td>
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<td>Kirkland, Wash. (Seattle Prep)</td>
<td>KROO-ger</td>
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<td>Fy.</td>
<td>F</td>
<td>6-0</td>
<td>Falls Church, Va. (Robinson)</td>
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<td>Andrea Korb</td>
<td>So.</td>
<td>G</td>
<td>5-5</td>
<td>Tunganoxie, Kan.</td>
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<td>21</td>
<td>Abby Kalland</td>
<td>Sr.</td>
<td>G</td>
<td>5-7</td>
<td>Northfield, Minn.</td>
<td>KULL-and</td>
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<td>Kari Christianson</td>
<td>So.</td>
<td>G</td>
<td>5-9</td>
<td>Twin Valley, Minn. (Norman Co. East)</td>
<td>KARE-ee</td>
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<td>32</td>
<td>Linnea Engel</td>
<td>Sr.</td>
<td>F</td>
<td>5-10</td>
<td>Shoreview, Minn. (Mounds View)</td>
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<td>34</td>
<td>Katie Freeman</td>
<td>Jr.</td>
<td>F</td>
<td>5-11</td>
<td>Richfield, Minn.</td>
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<tr>
<td>45</td>
<td>Megan Vig</td>
<td>So.</td>
<td>F</td>
<td>5-11</td>
<td>Northfield, Minn.</td>
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<td>52</td>
<td>Andrea Dahl</td>
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<td>P</td>
<td>6-0</td>
<td>Maple Grove, Minn. (Totino-Grace)</td>
<td>DOLL</td>
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</table>
Tammy Metcalf-Filzen moves into her seventh season as head coach at Carleton. In only six seasons she has turned the program into a conference contender, leading them to three consecutive MIAC Playoff titles, 20-win seasons and NCAA Tournament bids in 2000-01, 2001-02 and 2002-03. In 2002-03 she was named the MIAC-coach of the year and WBCA Region Coach of the Year, leading the Knights to a school-record 25 victories. She earned the same honors in 2000-01. She previously served as head coach at St. Olaf and as an assistant at Temple and Minnesota. She is Carleton’s all-time winningest coach.

Metcalf-Filzen has presided over one of the most remarkable turnarounds in all of NCAA Division III women’s basketball. When she took over prior to the 1997-98 season, the Knights had a program winning percentage of .323. Since Metcalf-Filzen assumed the head coaching position, the program has winning percentage of .688 and has posted its first 20-win seasons. Metcalf-Filzen has led Carleton to a 60-9 record over the last three seasons and 82-14 over the last four.

Carleton has improved its record in each of Metcalf-Filzen’s first six seasons and her .688 winning percentage is the best in school history. A 1983 St. Olaf graduate, Metcalf-Filzen earned her M.S. from the University of Minnesota in 1987. She won four varsity letters as a point guard for the Oles, twice earned All-MIAC honors, led the NCAA Division III in free-throw percentage in 1982-83, and was inducted into the St. Olaf Hall of Fame in 1999 and the Northfield Hall of Fame in 1992.

Metcalf-Filzen owns a 147-76 record in nine seasons overall and 121-50 in seven seasons at Carleton.
Games as leading scorer  Season/Career
Kristi Colbenson ........................................... 4/14
Linnea Engel ............................................... 4/18
Beth Freeman ............................................ 3/1
Cassie Hammond ........................................ 6/15
Megan Vig .................................................. 10/18

Games as leading rebounder  Season/Career
Kristi Colbenson ........................................... 4/9
Linnea Engel ............................................... 4/20
Beth Freeman ............................................ 4/18
Katie Freeman ........................................... 3/1
Andrea Korb ............................................. 3/9
Kate Krueger ............................................ 2/4
Megan Vig .................................................. 6/15

Games as leading assists  Season/Career
Kari Christianson ........................................ 3/4
Kristi Colbenson ........................................... 4/7
Linnea Engel ............................................... 2/18
Beth Freeman ............................................ 9/18
Katie Freeman ........................................... 4/9
Andrea Korb ............................................. 3/3
Kate Krueger ............................................ 2/4
Megan Vig .................................................. 4/5

Double-Doubles (not including triple-doubles)  Season/Career
Linnea Engel ............................................... 2/3
Beth Freeman ............................................ 2/2
Megan Vig .................................................. 2/2

Double-figure scoring games  Season/Career
Kari Christianson ........................................ 3/4
Kristi Colbenson ........................................... 3/6
Linnea Engel ............................................... 12/43
Beth Freeman ............................................ 9/18
Katie Freeman ........................................... 3/3
Cassie Hammond ........................................ 3/3
Kate Krueger ............................................ 1/1
Megan Vig .................................................. 14/28

20-point games  Season/Career
Linnea Engel ............................................... 0/3
Megan Vig .................................................. 4/6

10-rebound games  Season/Career
Linnea Engel ............................................... 1/2
Beth Freeman ............................................ 2/2
Megan Vig .................................................. 2/2

AMONG THE MIAC LEADERS (as of Jan. 27)
Category  Player  MIAC Rank
Scoring: 16.3 ppg by Megan Vig 9th
11.8 ppg by Linnea Engel 18th
11.1 ppg by Kristi Colbenson 23rd
Rebounding: 6.3 rpg by Megan Vig 9th
6.1 rpg by Linnea Engel 10th
FT Percentage: .817 by Kristi Colbenson 2nd
8.09 by Megan Vig 5th
Steals: 3.39 by Linnea Engel 2nd
Blocked Shots: .94 bpg by Megan Vig 7th
Offensive Rebounds: 2.25 rpg by Linnea Engel 10th
2.00 rpg by Kristi Colbenson 13th
Defensive Rebounds: 4.69 rpg by Megan Vig 8th
4.12 by Kristi Colbenson 10th

Dropped out: No. 19 Gustavus Adolphus; No. 22 Wesleyan

The D3hoops.com Top 25 is voted on by a panel of 25 coaches, Sports Information Directors and media members from across the country, and is published weekly.