2003-04 carleton knights
(12-1, 9-1 MIAC)

November
29 George Fox University ( Ore.) ....... W 76-70
30 Luther College ( Iowa) .............. W 69-53

December
3 Bethel College* ....................... W 70-45
6 Augsburg College* .................... W 81-53
8 College of St. Catherine* ............ W 72-64
10 St. Olaf College* ..................... W 76-69
13 Benedict State University .......... W 57-52

January
3 Macalester College* ................. W 65-51
5 St. Mary's University* ............... W 67-55
7 Concordia College, Moorhead* ...... W 71-57
10 Hamline University* ............... W 73-61
14 University of St. Thomas* .......... W 72-60
17 College of St. Benedict* .......... L 58-61
19 Gustavus Adolphus College* ...... T 30 p.m.
21 Bethel College* ....................... T 30 p.m.
24 Augsburg College* ................... T 1 p.m.
28 College of St. Catherine* .......... T 30 p.m.
31 St. Olaf College* ..................... T 1 p.m.

February
2 Macalester College* ................. T 30 p.m.
4 St. Mary's University* ............... T 6 p.m.
7 Concordia College, Moorhead* ...... T 1 p.m.
11 Hamline University* ............... T 30 p.m.
14 University of St. Thomas* .......... T 30 p.m.
18 College of St. Benedict* .......... T 30 p.m.
21 Gustavus Adolphus College* ...... T 1 p.m.
6 - Elite West Region Invitational
* - indicates MIAC contest

Carleton faces Gustavus in battle for second place
Carleton, who suffered its first loss of the season on Saturday, will face its second consecutive nationally-ranked opponent when No. 12/14 Gustavus Adolphus College visits West Gym on Monday night.

The Knights are ranked ninth in the latest ESPN/USA Today/WBCA coaches poll and 15th by D3Hoops.com. Gustavus Adolphus is currently ranked 12th in the ESPN/USA Today/WBCA coaches poll, and 14th by D3Hoops.com.

On Monday's game can be heard worldwide over the internet on Knights Online (www.carleton.edu/athletics/broadcasts/).

Vig MIAC Player of the Week
Megan Vig was named the MIAC's player of the week after averaging 19.3 points and 7.0 rebounds a game last week. The sophomore led the Knights to three victories last week to run their winning streak to 11 games, the second-longest in school history. She shot 53.7 percent from the floor and made 5-of-9 three-point attempts during the three-game stretch.

The Golden Gusties, who also lost their undefeated conference record last week to St. Benedict, comes into today's game off a 94-54 thrashing of Bethel College on Saturday.

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Senior forward Linnnea Engel broke Carleton's all-time steal record, previously held by Anna Bandick (1986-90), in matching her career high with seven steals in the Monday's game against Gustavus.

The Knights lose the MIAC's sixth person of the year and a member of the MIAC All-First Year team.

Knights start seven straight home games and three game stretch against 2003 playoff qualifiers
Monday's game against Gustavus will be their last of three consecutive games against teams that qualified for last year's MIAC playoffs for Carleton. On Wednesday the Knights defeated St. Thomas, 72-60, before falling to St. Benedict, 61-58, on Saturday.

The Gustavus game also marks the first of seven straight home games and nine of 12 games at home to end the season for Carleton. Over the last four seasons the Knights are 37-4 at home, 30-3 in MIAC play.

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Engel breaks theft record
Senior forward Linnnea Engel broke Carleton's all-time steals record, previously held by Anna Bandick (1986-90), in matching her career high with seven steals in the Jan. 7 contest against Concordia. Bandick's 216 steals in her four-year career stood for more than a decade, but Engel's seven-steal effort against the Cobbers gave her 219 for her career. Engel is averaging 3.8 steals per game this year to lead the MIAC, and if she continues on that pace, she'll be the first Carleton player to amass over 100 steals in a single season, which would smash Carleton's current single season steal record of 77, set by Katherine Frewing in 1991-92.

Engel is one of only three Carleton players (Bandick and Frewing being the other two) to tally 70 or more steals in a single season, as Engel posted 71 thefts last year. Engel has notched more than 50 steals in each of her first three seasons at Carleton and has 46 steals in Carleton's first 13 games, leaving her only four away from 50 for the year.

No. 12/14 Gustavus Adolphus College (11-2, 9-1 MIAC)

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Leah Laurich drilled a three and Kempe scored on a lay-up with five minutes remaining.

Beth Freeman’s three-pointer tied the game at 55-55 with 3:19, and her lay-up made it 57-56 with 2:19 to go. Carleton got a stop on CSB’s next possession, but turned the ball over and Kempe answered with the decisive three-pointer.

**Gustavus Adolphus Series**

This marks the 50th meeting between the two schools. Carleton currently trails in the series, 32-17. The overall series has gone back and forth over the years, with Gustavus holding the longest winning streak at seven, which occurred between 1984-87. Recently, however, Carleton has won seven of the last eight games against the Gusties, including last year’s MIAC championship game.

**About Gustavus Adolphus**

Head Coach Mickey Haller returns four starters from last year’s MIAC tri-champion and NCAA Tournament team, but lost three time All-MIAC player Kelly Etzel to graduation. The loss of Etzel has not seemed to effect the Gusties too much, as they have jumped out to a 11-2 overall record, 9-1 in conference play.

As a team Gustavus is averaging 72.4 points per game, which is second best in the MIAC, and they are giving up only 60.8 points per game, which is third best in the MIAC.

Coach Haller comes into this game with a 113-57 overall record. She is in her fourth year at Gustavus and has amassed a 70-24 record leading the Golden Gusties.

**Last Season in the MIAC Championship - Carleton 65, Gustavus Adolphus 54**

Linnea Engel scored a career-high 24 points as Carleton used a 13-4 second-half run to beat Gustavus, 65-54, in the MIAC Playoff championship game in front of a standing-room only crowd of 1,600 at Carleton’s West Gym on March 1, 2003.

Beth Freeman tallied 14 points and a career-best 12 rebounds off the bench for the Knights, who earned their third straight MIAC Playoff title and NCAA Tournament bid with the victory. Megan Vig added 11 points for the Knights, who held a 36-36 edge on points in the paint. Carleton’s bench owned a 28-10 scoring advantage.

Angie Peterson paced Gustavus with 21 points. 16 in the first half, on 8-for-11 shooting, including 3-of-6 from three-point range, before fouling out with 3:23 remaining.

**Last Season in Northfield - Gustavus Adolphus 63, Carleton 62**

Karissa Kramer ’03 matched her season high with 19 points and Angie Grabowski ’03 added 12, all in the second half, but fifth-ranked Carleton’s second-half rally fell just short as Gustavus grabbed a share of the MIAC title, 63-62.

The Gusties’ victory created a three-way tie for the MIAC title between the College of St. Benedict and Carleton. Kelly Etzel paced the Gusties with 18 points, 13 in the first half, and 12 rebounds. Angie Peterson added 15 points, 13 of those coming on a trio of three-pointers, including two key long-range buckets down the stretch.

**Last Season in St. Peter - Carleton 61, Gustavus Adolphus 51**

Megan Vig tallied 15 points and Karen Fricke ’03 drilled a key three-pointer with 2:31 remaining as ninth-ranked Carleton College led from the opening tap in beating Gustavus Adolphus College, 61-51, in a match-up of unbeaten and nationally-ranked teams at Gus Young Court.

Beth Freeman and Cara Jones ’03 tallied nine points each for Carleton, which beat the Gusties for the sixth consecutive time and fourth straight time in St. Peter. Freeman led all players with eight rebounds.

Kristin Kachelmyer paced the hosts with 14 points and six rebounds off the bench.

**2003-04 carleton college knights**

<table>
<thead>
<tr>
<th>No.</th>
<th>Player</th>
<th>Yr.</th>
<th>Pos.</th>
<th>Ht.</th>
<th>Hometown (High School)</th>
<th>Pronunciation</th>
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<tbody>
<tr>
<td>10</td>
<td>Kristi Colbenson</td>
<td>Jr.</td>
<td>G</td>
<td>5-9</td>
<td>Rushford, Minn. (Rushford-Peterson)</td>
<td>KOLE-bin-sun</td>
</tr>
<tr>
<td>13</td>
<td>Kate Krueger</td>
<td>Jr.</td>
<td>G</td>
<td>5-3</td>
<td>Kirkland, Wash. (Seattle Prep)</td>
<td>KROO-ger</td>
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<tr>
<td>14</td>
<td>Cassie Hammond</td>
<td>Fy.</td>
<td>F</td>
<td>6-0</td>
<td>Falls Church, Va. (Robinson)</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>Andrea Korb</td>
<td>So.</td>
<td>G</td>
<td>5-5</td>
<td>Tonganoxie, Kan.</td>
<td>from TONG-ga-nok-see</td>
</tr>
<tr>
<td>21</td>
<td>Abby Kalland</td>
<td>Sr.</td>
<td>G</td>
<td>5-7</td>
<td>Northfield, Minn.</td>
<td>KULL-and</td>
</tr>
<tr>
<td>24</td>
<td>Kari Christianso</td>
<td>So.</td>
<td>G</td>
<td>5-9</td>
<td>Twin Valley, Minn. (Norman Co. East)</td>
<td>KARE-ee</td>
</tr>
<tr>
<td>32</td>
<td>Linnea Engel</td>
<td>Sr.</td>
<td>F</td>
<td>5-10</td>
<td>Shoreview, Minn. (Mounds View)</td>
<td></td>
</tr>
<tr>
<td>34</td>
<td>Katie Freeman</td>
<td>Jr.</td>
<td>F</td>
<td>5-11</td>
<td>Richfield, Minn.</td>
<td></td>
</tr>
<tr>
<td>45</td>
<td>Megan Vig</td>
<td>So.</td>
<td>F</td>
<td>5-11</td>
<td>Northfield, Minn.</td>
<td></td>
</tr>
<tr>
<td>50</td>
<td>Beth Freeman</td>
<td>Jr.</td>
<td>F</td>
<td>5-11</td>
<td>Richfield, Minn.</td>
<td></td>
</tr>
<tr>
<td>52</td>
<td>Andrea Dahl</td>
<td>Fy.</td>
<td>P</td>
<td>6-0</td>
<td>Maple Grove, Minn. (Totino-Grace)</td>
<td>DOLL</td>
</tr>
</tbody>
</table>

| St. Benedict                  | 11-0 | 13-1 |
| Carleton                      | 9-1  | 12-1 |
| Gustavus                      | 9-1  | 11-2 |
| Concordia                     | 7-3  | 9-4  |
| Saint Mary's                  | 7-3  | 8-5  |
| St. Thomas                    | 5-5  | 6-7  |
| Bethel                        | 4-6  | 6-7  |
| Hamline                       | 3-7  | 5-8  |
| St. Catherine                 | 3-7  | 5-8  |
| Augsburg                      | 2-8  | 2-11 |
| St. Olaf                      | 1-9  | 1-12 |
| Macalester                    | 0-11 | 0-14 |

**Results**

Jan. 17
St. Benedict 61, Carleton 58
Hamline 72, Macalester 52
St. Thomas 78, St. Olaf 45
St. Mary’s 70, St. Catherine 64
Gustavus 94, Bethel 54
Concordia 75, Augsburg 67
Jan. 14
St. Benedict 72, Gustavus 67
Bethel 72, St. Catherine 71 OT
Concordia 76, Hamline 52
St. Mary’s 60, Augsburg 53
Carleton 72, St. Thomas 60
St. Olaf 48, Macalester 46

**Upcoming Games**

Jan. 19
St. Mary’s at Concordia, 5:30 p.m.
Augsburg at St. Catherine, 7:30 p.m.
**Gustavus at Carleton, 7:30 p.m.**
Hamline at St. Olaf, 7:30 p.m.
St. Thomas at Bethel, 7:30 p.m.
Jan. 21
Bethel at Carleton 5:30 p.m.
Augsburg at Gustavus 7:30 p.m.
St. Benedict at St. Thomas 7:30 p.m.
Concordia at St. Olaf 5:30 p.m.
Macalester at St. Catherine 7:30 p.m.
Hamline at St. Mary’s 7:30 p.m.
In the polls

Carleton moved up three places to a tie for ninth in this week’s USA Today/ESPN/WBCA top 25 coaches’ poll. The Knights also moved up two spots in this week’s D3Hoops.com ranking from 17th to 15th. Carleton has now been ranked in either or both polls a school-record 26 consecutive times.

Tammy Metcalf-Filzen

Tammy Metcalf-Filzen moves into her seventh season as head coach at Carleton. In only six seasons she has turned the program into a conference contender, leading them to three consecutive MIAC Playoff titles, 20-win seasons and NCAA Tournament bids in 2000-01, 2001-02 and 2002-03. In 2002-03 she was named the MIAC co-coach of the year and WBCA Region Coach of the Year, leading the Knights to a school-record 25 victories. She earned the same honors in 2000-01. She previously served as head coach at St. Olaf and as an assistant at Temple and Minnesota. She is Carleton’s all-time winningest coach.

Metcalf-Filzen has presided over one of the most remarkable turnarounds in all of NCAA Division III women’s basketball. When she took over prior to the 1997-98 season, the Knights had a program winning percentage of .323. Since Metcalf-Filzen assumed the head coaching position, the program has winning percentage of .688 and has posted its first 20-win seasons. Metcalf-Filzen has led Carleton to a 60-9 record over the last three seasons and 82-14 over the last four years.

Carleton has improved its record in each of Metcalf-Filzen’s first six seasons and her .688 winning percentage is the best in school history. A 1983 St. Olaf graduate, Metcalf-Filzen earned her M.S. from the University of Minnesota in 1987. She won four varsity letters as a point guard for the Oles, twice earned All-MIAC honors, led the NCAA Division III in free-throw percentage in 1982-83, and was inducted into the St. Olaf Hall of Fame in 1999 and the Northfield Hall of Fame in 1992.

Metcalf-Filzen owns a 147-76 record in nine seasons overall and 121-51 in seven seasons at Carleton.

Carleton Players’ Season & Career Highs (updated thru 1/18/04)

### Kari Christianson
- **Points:** 12 vs. Luther, 12/30/03
- **Rebounds:** 5 on two occasions
- **Assists:** 6 at Augsburg, 12/6/03
- **Steals:** 3 on two occasions

### Kristi Colbenson
- **Points:** 18 at Augsburg, 12/6/03
- **Rebounds:** 9 at St. Catherine, 12/8/03
- **Assists:** 4 vs. Macalester, 12/26/03

### Andrea Dahl
- **Points:** 8 at Augsburg, 12/6/03
- **Rebounds:** 2 on three occasions
- **Assists:** 1 at Augsburg, 12/6/03

### Linea Engel
- **Points:** 18 at St. Mary’s, 1/5/04, 18 vs. Concordia, 1/7/04, 24 vs. Gustavus, 3/1/04
- **Rebounds:** 10 vs. George Fox, 11/29/03
- **Assists:** 3 on three occasions

### Beth Freeman
- **Points:** 16 at Bethel, 1/18/2004
- **FT Pct.:** 1.000* (12/12), vs. George Fox, 11/29/03
- **Rebounds:** 14 at Hamline, 1/10/04
- **Assists:** 3 vs. Hamline, 1/10/04
- **Steals:** 4 on two occasions

### Katie Freeman
- **Points:** 16 at Hamline, 1/10/04
- **3-point FGs:** 2 on three occasions
- **Rebounds:** 7 on three occasions
- **Assists:** 6 vs. Luther, 11/30/03
- **Steals:** 2 at St. Mary’s, 2/5/03

### Cassie Hammond
- **Points:** 14 at St. Olaf, 12/10/03
- **Rebounds:** 8 on two occasions
- **Assists:** 3 at St. Olaf, 12/10/03
- **Steals:** 3 at Hamline, 1/10/04

### Abby Kalland
- **Points:** 3 at Bethel, 12/3/03
- **Rebounds:** 6 on two occasions
- **Assists:** 3 at Macalester, 1/10/04
- **Steals:** 3 at St. Mary’s, 2/5/03
- **Blocks:** 2 on four occasions

### Andrea Korb
- **Points:** 6 on two occasions
- **3-pt FGs:** 2 at St. Catherine, 12/8/03
- **Rebounds:** 5 at St. Mary’s, 1/5/04
- **Assists:** 6 at St. Mary’s, 1/5/04
- **Steals:** 4 on two occasions
- **3-point FGs:** 3 at Augsburg, 12/6/03
- **Rebounds:** 3 at Bethel, 12/3/03
- **Assists:** 4 vs. St. Thomas, 1/14/04
- **Steals:** 3 at Bethel, 12/3/03
- **3-point FGs:** 3 vs. Concordia, 1/7/04
- **Assists:** 4 vs. St. Thomas, 1/14/04
- **Blocks:** 2 on four occasions
- **3-point FGs:** 3 at St. Mary’s, 2/5/03
- **Steals:** 4 at St. Catherine, 12/8/03

*indicates school record

Listings are season-highs first, followed by career
mis c elaneous 2003-04 statistics

Games as leading scorer
Season/Career
Kristi Colbenson .................................................. 3/13
Linnea Engel ......................................................... 3/15
Beth Freeman ....................................................... 3/17
Megan Vig .......................................................... 8/16

Games as leading rebounder
Season/Career
Kristi Colbenson .................................................. 3/8
Linnea Engel ......................................................... 2/17
Beth Freeman ....................................................... 3/17
Katie Freeman ..................................................... 3/17
Cassie Hammond ................................................. 1/10
Megan Vig .......................................................... 6/15

Games as leading assists
Season/Career
Kari Christianson ................................................ 2/3
Kristi Colbenson .................................................. 3/7
Linnea Engel ......................................................... 1/17
Beth Freeman ....................................................... 4/9
Katie Freeman ..................................................... 4/9
Andrea Korb ....................................................... 3/3
Kate Krueger ...................................................... 2/4
Megan Vig .......................................................... 2/7

Double-Double (not including triple-doubles)
Season/Career
Linnea Engel ......................................................... 2/3
Beth Freeman ....................................................... 2/3
Megan Vig .......................................................... 2/7

Double-figure scoring games
Season/Career
Kari Christianson ................................................ 3/4
Kristi Colbenson .................................................. 10/14
Linnea Engel ......................................................... 10/41
Beth Freeman ....................................................... 7/16
Katie Freeman ..................................................... 4/9
Cassie Hammond ................................................. 3/5
Megan Vig .......................................................... 12/26

20-point games
Season/Career
Linnea Engel ......................................................... 0/3
Megan Vig .......................................................... 3/5

10-rebound games
Season/Career
Linnea Engel ......................................................... 1/2
Beth Freeman ....................................................... 2/2
Megan Vig .......................................................... 2/2

10-assist game
Season/Career
None

AMONG THE MIAC LEADERS (as of Jan. 16)

Category | Player | MIAC Rank |
----------|--------|-----------|
Scoring | 16.8 ppg by Megan Vig | 15th |
| 12.5 ppg by Linnea Engel | 17th |
| 11.2 ppg by Kristi Colbenson | 21st |
Rebounding | 6.8 rpg by Megan Vig | 8th |
| 6.1 rpg by Kristi Colbenson | 10th |
| .815 by Megan Vig | 3rd |
| .804 by Kristi Colbenson | 5th |
Steals | 3.7 by Linnea Engel | 2th |
Block Shots | 1.0 ppg by Megan Vig | 8th |
Offensive Rebounds | 2.42 rpg by Linnea Engel | 18th |
| 2.36 rpg by Cassie Hammond | 10th |
Defensive Rebounds | 4.92 rpg by Megan Vig | 7th |
| 3.92 by Kristi Colbenson | 10th |

Category | Statistical | MIAC Rank |
----------|------------|-----------|
Scoring Defense | 57.7 ppg | 3rd |
Scoring Defense Margin | +13.1 | 2nd |
FT Percentage | .753 | 1st |
FG Pct. Defense | .385 | 4th |
Rebounding Off. | 40.8 rpg | 3rd |
Rebounding Def. | 35.5 rpg | 1st |
Rebounding Margin | +5.3 | 1st |
Assists | 16.00 apg | 3rd |
Steals | 12.75 spg | 2nd |
Turnover Margin | +6.17 | 1st |
Assist/Turnover ratio | 0.97 | 2nd |
Offensive Rebounds | 16.08 rpg | 1st |

**carleton's record when...**

Home .............................................................. 4-0
Away .............................................................. 7-1
Neutral ........................................................... 1-0
Carleton leads at the half ..................................... 8-0
Carleton trails at the half ..................................... 4-1
Tied at the half .................................................. 4-0
Overtime .......................................................... 0-0
Carleton shoots 50 percent or better from the floor .... 8-0
Carleton shoots 40-49.9 percent from the floor ........ 7-1
Carleton shoots less than 40 percent from the floor .... 5-0
Opponent shoots 50 percent or better from the floor ... 6-0
Opponent shoots 40-49.9 percent from the floor ......... 4-1
Opponent shoots less than 40 percent from the floor .... 8-0
Carleton has more rebounds .................................. 9-1
Opponent has more rebounds .................................. 1-0
Teams have same number of rebounds ..................... 2-0
Carleton commits more turnovers .......................... 1-1
Opponent commits more turnovers .......................... 11-0
Teams have equal turnovers .................................. 0-0
Carleton scores 70 or more points ......................... 8-1
Carleton scores less than 70 points ....................... 4-0
Opponent scores 70 or more points ....................... 0-0
Opponent scores less than 70 points .................... 11-1

**carleton in the polls**

D3hoops.com Top 25
Week 8-Jan. 12, 2004

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Dropped out: No. 21 DePaul, No. 23 Emmanuel

ESPN/USA Today/WBCA Top 25
Poll #8-Jan. 13, 2004

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Dropped out: No. 24 Pacific Lutheran, No. 24 Wilmington College

Others receiving votes: Whitworth College 15; Muhlenberg College 14; Pacific Lutheran University 12; Wilmington College 4; Muhlenberg College 3; Lebanon Valley College 3; Whitworth College 2; Milwaukie University 2; Millikin University 2; The USA TODAY/ESPN/WBCA Board of Coaches is made up of 8 head coaches at Division III institutions. All are members of the Women's Basketball Coaches Association (WBCA). The 2003-04 board: Gary Fitzfield Southern Maine, Scott Rues, George Fox University Cheri Harrer; Baldwin Wallace, Bill Finney, Marymount College, Becky Geyer Trinity University (TX), Yvonne Kaufman Elizabethtown, Janice Quinn New York University, Nancy Haeyer Washington Un. (St. Louis).