

# **MIAC SWIMMING & DIVING RECORDS – WOMEN**

## **MIAC CHAMPIONSHIPS RECORDS**

<b>Event</b>	<b>Time</b>	<b>Name</b>	<b>School</b>	<b>Year</b>
50 Freestyle	23.24	Marie Marsman	Carleton	2003
100 Freestyle	49.73	Marie Marsman	Carleton	2003
200 Freestyle	1:51.55	Marie Marsman	Carleton	2003
500 Freestyle	5:02.87	Amanda Mason	St. Olaf	1992
1650 Freestyle	17:18.82	Amanda Mason	St. Olaf	1992
100 Breaststroke	1:05.97	Katie Kuhlmann	St. Benedict's	2002
200 Breaststroke	2:23.44	Ann Pringle	St. Catherine	1992
100 Backstroke	59.12	Andrea Kleven/ Jenny Grover	Gustavus Carleton	2001 2003
200 Backstroke	2:07.37	Carly Knoell	St. Olaf	2003
100 Butterfly	58.19	Marie Marsman	Carleton	2003
200 Butterfly	2:11.12	Katy Linstroth	St. Olaf	1997
200 Individual Medley	2:09.71	Andrea Kleven	Gustavus	2001
400 Individual Medley	4:37.90	Katie Detwiler	St. Olaf	2002
200 Medley Relay	1:48.68	Peterson, Siverson Olson, Remes	St. Benedict's	1998
400 Medley Relay	3:58.27	Grover, Miller, Mondloh, Marsman	Carleton	2003
200 Freestyle Relay	1:35.98	DeLaRosby, Brasel, Garvey, Kleven	Gustavus	2002
400 Freestyle Relay	3:30.72	Marsman, Grover, Barbera, Lalor	Carleton	2002
800 Freestyle Relay	7:42.51	Knoecke, Mondloh Grover, Marsman	Carleton	2003
1 Meter Diving (10)	454.01	Angie Soucek	Carleton	2001
3 Meter Diving (11)	524.65	Angie Soucek	Carleton	2001

## **MIAC OVERALL RECORDS**

<b>Event</b>	<b>Time</b>	<b>Name</b>	<b>School</b>	<b>Year</b>
50 Freestyle	23.06	Marie Marsman	Carleton	2003
100 Freestyle	49.73	Marie Marsman	Carleton	2003
200 Freestyle	1:49.07	Marie Marsman	Carleton	2003
500 Freestyle	4:59.19	Amanda Mason	St. Olaf	1992
1000 Freestyle	10:23.11	Amanda Mason	St. Olaf	1992
1650 Freestyle	17:16.24	Amanda Mason	St. Olaf	1992
100 Breaststroke	1:04.78	Katie Kuhlmann	St. Benedict's	2002
200 Breaststroke	2:21.88	Ann Pringle	St. Catherine	1992
100 Backstroke	59.12	Andrea Kleven/ Jenny Grover	Gustavus Carleton	2001 2003
200 Backstroke	2:07.05	Carly Knoell	St. Olaf	2003
100 Butterfly	58.19	Marie Marsman	Carleton	2003
200 Butterfly	2:08.92	Amanda Mason	St. Olaf	1990
200 Individual Medley	2:09.71	Andrea Kleven	Gustavus	2001
400 Individual Medley	4:37.13	Sue Brings	Hamline	1983
200 Medley Relay	1:48.68	Peterson, Siverson, Olson, Remes	St. Benedict's	1998
400 Medley Relay	3:58.27	Grover, Miller, Mondloh, Marsman	Carleton	2003
200 Freestyle Relay	1:35.98	DeLaRosby, Brasel, Garvey, Kleven	Gustavus	2002
400 Freestyle Relay	3:29.88	Marsman, Grover, Barbera, Mondloh	Carleton	2003
800 Freestyle Relay	7:37.24	Knoecke, Mondloh	Carleton	2003

1 Meter Diving (10)	454.01	Grover, Marsman Angie Soucek	Carleton	2001
3 Meter Diving (11)	524.65	Angie Soucek	Carleton	2001